

# Durrington High School Y10 Careers Day Needs You!

## Inspire the Future Workforce

### Year 10 Careers Day – Durrington High School

Friday 6 February 2026 | Worthing

Durrington High School is inviting **local businesses and professionals** to take part in our annual **Year 10 Careers Day**, a practical, engaging event that helps young people understand the world of work.

You don't need experience with schools, presentations, or public speaking. Just a willingness to talk with our young people and share your knowledge to help them think about the world of work.

### How you can help

We're looking for volunteers to support one of two activities:

#### Mock Interviews

- Short 5–10 minute interviews with students
- Use your real-world interviewing experience
- Simple feedback provided (we supply guidance)

#### The Job Game (updated for 2026)

- Students rotate in pairs for short conversations
- You briefly explain what your role or sector is really like
- Focus on skills, challenges, tasks, or misconceptions

### Who can take part?

- ✓ All jobs and sectors welcome
- ✓ Employees, self-employed professionals, and retirees
- ✓ No preparation needed beyond light reading
- ✓ No “selling” or long talks

Most students have very limited exposure to workplaces, and hearing from you can be genuinely eye-opening.

## **Event details**

- **Time:** 8:40am – 3:10pm (Flexible options are possible)
- **Lunch & refreshments provided**
- Friendly staff support throughout the day
- A rewarding, well-organised experience

## **Interested?**

[Prospective volunteers can get full details and register using this link.](#)

Early registration before 16 January helps us plan, but late sign-ups are welcome. We will close the registration link when we are full.

If you can't take part but know someone who might, please feel free to pass this on.

**Thank you for supporting young people in our local community - Please contact [careers@durring.com](mailto:careers@durring.com) with any questions**