

Durrington High School Y10 Careers Day Needs You!

Inspire the Future Workforce

Year 10 Careers Day – Durrington High School

Friday 6 February 2026 | Worthing

Durrington High School is inviting **local businesses and professionals** to take part in our annual **Year 10 Careers Day**, a practical, engaging event that helps young people understand the world of work.

You don't need experience with schools, presentations, or public speaking. Just a willingness to talk with our young people and share your knowledge to help them think about the world of work.

How you can help

We're looking for volunteers to support one of two activities:

Mock Interviews

- Short 5–10 minute interviews with students
- Use your real-world interviewing experience
- Simple feedback provided (we supply guidance)

The Job Game (updated for 2026)

- Students rotate in pairs for short conversations
- You briefly explain what your role or sector is really like
- Focus on skills, challenges, tasks, or misconceptions

Who can take part?

- ✓ All jobs and sectors welcome
- ✓ Employees, self-employed professionals, and retirees
- ✓ No preparation needed beyond light reading
- ✓ No “selling” or long talks

Most students have very limited exposure to workplaces, and hearing from you can be genuinely eye-opening.

Event details

- **Time:** 8:40am – 3:10pm (Flexible options are possible)
- **Lunch & refreshments provided**
- Friendly staff support throughout the day
- A rewarding, well-organised experience

Interested?

[Prospective volunteers can get full details and register using this link.](#)

Early registration before 16 January helps us plan, but late sign-ups are welcome. We will close the registration link when we are full.

If you can't take part but know someone who might, please feel free to pass this on.

**Thank you for supporting young people in our local community - Please contact
careers@durring.com with any questions**