



Choices for your Skills/ Physical / Service part of the Bronze Award. Name

REMEMBER, that

- you must complete each of these sections for a minimum of 3 months and then chose one to continue with for another 3 months (= 6 months overall for one section)
- your commitment is an hour a week to complete these activities
- if you are already doing an activity it can count towards your award – from the date you registered on eDofE
- you must have someone ‘qualified’ who will be your assessor for each section.
- **You cannot do the same activity for all 3 sections**

Use the D of E website (www.dofe.org) to help you decide what you want to do

Please complete the sections below and return it to **Mr Briscoe** to check your choice of activities meet with the DofE requirement. Once you have your eDofE account, then update with you planned activities and start date.

SERVICE SECTION

Chosen activity to do ..what will your goal be	
Where will you do this activity? (Name organisation or club)	
Contact details of organisation/club or contact details of person who will assess you.	
Possible start date / what evidence will you get	
Will you do it for 3 or 6 months	

SKILLS SECTION

Chosen activity to do ..what will your goal be	
Where will you do this activity? (Name organisation or club)	
Contact details of organisation/club or contact details of person who will assess you.	
Possible start date / what evidence will you get	
Will you do it for 3 or 6 months	

PHYSICAL SECTION

Chosen activity to do ..what will your goal be	
Where will you do this activity? (Name organisation or club)	
Contact details of organisation/club or contact details of person who will assess you.	
Possible start date / what evidence will you get	
Will you do it for 3 or 6 months	

What to do in four simple steps:

1. **Preparation** – You need to research what you want to do and agree it with your Leader. You must find a suitable Assessor and set yourself goals so that you can show how you progressed at the end.
Use the electronic programme planner in eDofE or download a paper programme planner from the right hand side to help you.
2. **Training** – Some activities you choose require you to take a course, simple introduction or training before starting. For the any section, the training must not be more than a quarter of your time spent – you have to do something practical!
3. **Activity** – the most important and enjoyable bit – actually doing it! You must do each activity for an average of an hour a week for at least the minimum time required at your level.
4. **Assessment** – To complete your DofE programme you must meet your Assessor to talk about what you've done and make sure they sign it off. **They can do this online at www.DofE.org/assessor**

Evidence in eDofE

Don't forget to collect evidence along the way for your eDofE account. Here are some ideas to get you started:

- A leaflet or information sheet about the skills/physical activity or volunteering you're working on
- A weekly log sheet of what you have been doing - see Mr Briscoe or DHS website.
- Thank you letters from people you've been dealing with
- Photographs of you doing your activity
- A certificate of recognition (or training course if you did this at the beginning of your activity)
- Assessor's report - they can email this to you or you can obtain a form- see Mr Briscoe or DHS website.