

Year 11 stress buster challenge

We are really excited to be offering the entire year 11 the opportunity to participate alongside staff in the ultimate stressbuster mud assault course. As a cohort our year 11 have shown real dedication to their studies this year and continue to impress us with their work ethic and engagement in lessons. We recognise that the next few months are going to be stressful/pressured for them and wanted to give them the opportunity to do something different, as a cohort, to help combat this and improve their well-being.

The challenge is taking place on Saturday March 10th and open to all year 11 and staff. Coaches will be provided to and from the venue and spectators are welcome as well. As part of our challenge we are also raising money for Samaritans. The links below provide both an opportunity to contribute and a view of what the course will be like.

All year 11 students have come home with a letter, permissions slips and waiver today. Returns are due by Monday 5th February.

[Military Assault Course](#)

[Just Giving / DHS Year 11](#)

Mr C Woodcock
Deputy Headteacher