



Bronze Expedition 20 Conditions

All Qualifying expeditions must adhere to the following 20 Conditions:

1. Your expedition must be by your own physical effort, without any motorised or outside assistance.
2. Your expedition must be unaccompanied and self-sufficient.
3. Your expedition must be supervised by an adult who is able to accept responsibility for the safety of the team.
4. Your expedition must have an Aim.
5. You must be properly equipped for your expedition.
6. You must have completed the required training and practice expedition(s).
7. You must undertake at least one practice expedition at each level of the programme, in the same mode of travel and in a similar environment to the qualifying expedition.
8. You and your team must plan and organise your expedition.
9. You must be assessed by an approved accredited Assessor.
10. There must be between four and seven people in your team
11. You must be within the qualifying age of the DofE programme level.
12. All the people in your team must be at the same level of assessment.
13. Your team must not include anyone who has completed the same or higher level DofE expedition.
14. Your overnight accommodation should be camping.
15. Your expedition must be of the correct duration. (**Bronze = 2 days**).
16. Your expedition must take place between the end of March and the end of October.
17. Your expedition should be in the recommended environment for your DofE level.
18. You must meet the minimum hours of planned daily activity (**Bronze = 6 hours per day**)
19. You should cook and eat at least one substantial meal each day.
20. You must prepare and deliver a presentation after your expedition to complete the section.