



DURRINGTON HIGH SCHOOL

## **Sex and Relationship Education policy**

At Durrington High School, Sex and Relationship Education (SRE) is about the physical, moral and emotional development of our students. It is also about the understanding of the importance of stable and loving relationships and the nurture of children. It is centred on learning the value of family life, respect, love and care. It will include the teaching of sex, sexuality and sexual health, and the maintaining of informed choices.

This policy is both culturally appropriate and inclusive of all students.

### **Moral statement**

- Learning the importance of values, individual conscience, moral considerations and responsibility for your own actions
- Learning the value of family life and stable, loving relationships and the nurture of children
- Learning the value of respect, care and self esteem
- Exploring, considering and understanding moral dilemmas

### **Personal and social skills**

The SRE programme will promote the following skills:

- Learning to manage emotions and relationships confidently and sensitively
- Developing self-respect and empathy for others with an absence of prejudice and discrimination
- Learning to appreciate the consequences of choices made
- Learning how to recognise exploitation and abuse
- Developing critical thinking as part of decision making

### **Knowledge and understanding**

- Physical development, human sexuality, reproduction, sexual health and relationships
- Contraception and the range of support services

- Learning the reasons for delaying sexual activity and the benefits to be gained from such delay for example, ensuring sufficient maturity is reached within an appropriate relationship

## **Consultation**

This SRE policy will include consultation with students, Student Leadership Team, staff, parents, Governors, and the Healthy School SRE consultant whose views and opinions have contributed to the appropriateness and content of this policy.

## **Provision**

The provision of SRE is mainly through PSHE and citizenship, and science. There is a discrete PSHCE team who are responsible for the provision of SRE within the school.

We work with local agencies such as school nurse, the Police School Liaison Officer and local voluntary organisations to enhance the SRE programme.

## **Staff training**

Although there is a discrete and fully trained team for SRE, all staff will be consulted and involved in the implementation of this policy.

## **Specific issues**

This policy will respond to needs and this will be supported by other school policies for example: the Bullying policy, Child Protection policy, Equalities policy and Drugs policy.

## **Confidentiality**

In the event that personal disclosures occur the teacher will follow the school's Child Protection policy.

## **Monitoring**

SRE is monitored and evaluated at the end of each unit of work through discussions with students and departmental meetings in discussion with the team who deliver it.

The SRE programme is reviewed annually and the policy will reflect and responds to relevant local and national incidents and issues.

## **Working with parents**

Parents and the school work in partnership in SRE and there are mechanisms in place to consult with and inform parents and carers.

## **Parents' right to withdrawal**

Parents and carers have the right to withdraw their children from all or part of the SRE provided at school except for those parts included in the statutory education of their children. The school will make alternative arrangements in such cases.

## **Inclusion**

Durrington High School has a duty to ensure that all children are properly included in SRE irrespective of “age, gender, disability, gender reassignment, race, religion or belief, sex, or sexual orientation, with special education needs and learning difficulties” are properly included in SRE. We believe SRE should help all students understand their physical and emotional development and enable them to make positive decisions in their lives.

**Reviewed September 2016**