



What's it all about ????



The Duke of Edinburgh award is an **internationally recognised** scheme with 3 levels

Bronze, Silver and **Gold**

The age range for participating in the award scheme is from 'Year 9' to the 25th birthday.

Many students start with Bronze and complete Gold at University

At DHS we run Bronze – starting in Year 9



What can you get out of participating in the Duke of Edinburgh award?

It can help you to develop and build:-

- confidence
- resilience
- determination
- new skills
- team working
- new friends

It should help you to get a college place / job



Who can apply ?

Any student in Year 9 but we want students who will :-

- **Commit** to completing **all** aspects of the Duke of Edinburgh scheme.
- **Work** both individually and as a team to overcome challenges encountered
- **Be honest, trustworthy and reliable** representing our school and the Duke of Edinburgh scheme in a sensible and responsible way at all times
- **Behave** – school rules and expectations apply

Our DHS training team

- Mr Briscoe
- Mrs Chester
- Mr Davis (Geography)
- Mr Griffiths
- Ms Heane
- Mr Suckling

We also have a team of helpers available to support the hiking and camping events.

We will be available after this presentation to answer your questions.

..and you can ask some of our Year 11 students who have completed their award 😊

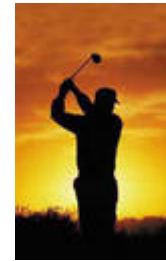
What do you have to do ?

Learn a new **Skill** or improve on an existing one



Volunteer to help others

Take part in **Physical recreation**



....and take part in a 2 day (1 night) **Expedition**, where you will test your map reading, hiking and camping skills.

You don't have to start all of these sections at the same time !

Duke of Edinburgh Award at DHS

Skills, Physical and Volunteering sections:- each will be undertaken for a minimum of 3 months....

.....and then you decide which one of the sections you will continue with for another 3 months , so one section will be for 6 months in total

For the **Expedition** section you **MUST** train for and pass an *Assessment* day and then complete an assessed *Qualifier* weekend.

Training	starting Wednesday 21 st Nov after school 15:15-16:30
Camping skills	Fri 28 th Jan (Inset) 12:00-15:00
Day Hike	Mon 18 th Feb (half term)
Assessment Day	Fri 5 th Apr (afternoon) – Sat 6 th Apr morning
Qualifier Expedition #1	Sat 11 th May- Sun 12 th May all weekend
Navigation exercise	Sat 22 nd June 08:00-13:00
Qualifier Expedition #2	Sat 6 th Jul - Sun 7 th Jul all weekend

If you cannot commit to Wednesday training and Expedition dates then do not enrol

Cost

There is a **£36** charge (paid by end February by Parent-mail), this covers:-

- £21 DofE scheme registration
- £15 DHS cost for
 - Campsite fees
 - Mini bus fuel
 - Camping gas

It **does not** cover your team food and snacks for the Expedition weekends

DHS may be able to help towards your costs depending on circumstances (contact Mr Briscoe)

Equipment

We **provide** tents, cookers, rucksacks, maps and compasses

You will need hiking boots, waterproofs and a sleeping bag

The main cost will be.....**YOUR TIME**

When can I register?

You can register and pay as soon as you are sure that DofE is for you

- Return the forms to Mr Briscoe
- Submit the registration payment via Parent-mail (*DofE 2019*)

You can count activity time for Skills, Physical and Volunteering sections from your Registration Date – this will be confirmed by Mr Briscoe via email

When registered you receive an eDofE account to track your activities and progress within the award. We will train each student on use of the account.

You will also receive a DofE discount card –typically 15% off at main equipment suppliers – Blacks/Milletts. Mountain Warehouse, Go Outdoors.

If you are unsure that DofE is for you then give it a go first.....

- *Attend the training sessions*
- *Registration must be completed by end February (after the Day Hike)*

PHYSICAL SECTION What can you do ?

For your physical activity you need to choose any sport, dance or fitness activity - in short, anything that requires a sustained level of energy and physical activity.

If you already take part in a sport, dance or fitness activity, you could use that activity, but you might want to start something new. *One hour per week for 12 weeks. Examples.....*

Fitness club

Team sports

Martial arts

Water sports

Dance

Extreme sports

Racquet sports

At DHS we run an after-school fitness club on Thursdays

SKILLS SECTION....What can you do ?

The Skills section is all about developing practical skills and personal interests.

It should **not** be a physical activity, - but could be associated with one e.g. learning to coach or referee a sport., lifeguard *One hour per week for 12 weeks. Examples.....*

Cookery

Creative arts

Photography

Musical instrument

Media

Performing arts

Care of animals

Coach / Referee

At DHS we run a Cookery course (Mon after school starting in Jan).
Other after-school clubs can count e.g. Photography

VOLUNTEERING SECTION... What can you do ?

Volunteering is all about making a difference to other people's lives.

Volunteering is simple. It's about choosing to give time to help people, the community or society, the environment or animals. It cannot be done for a business but can be undertaken for a charity or not-for-profit organisation - do something useful without getting paid.

One hour per week for 12 weeks. Examples.....

**Working with
animals**

**Helping a charity
or youth
organisation**

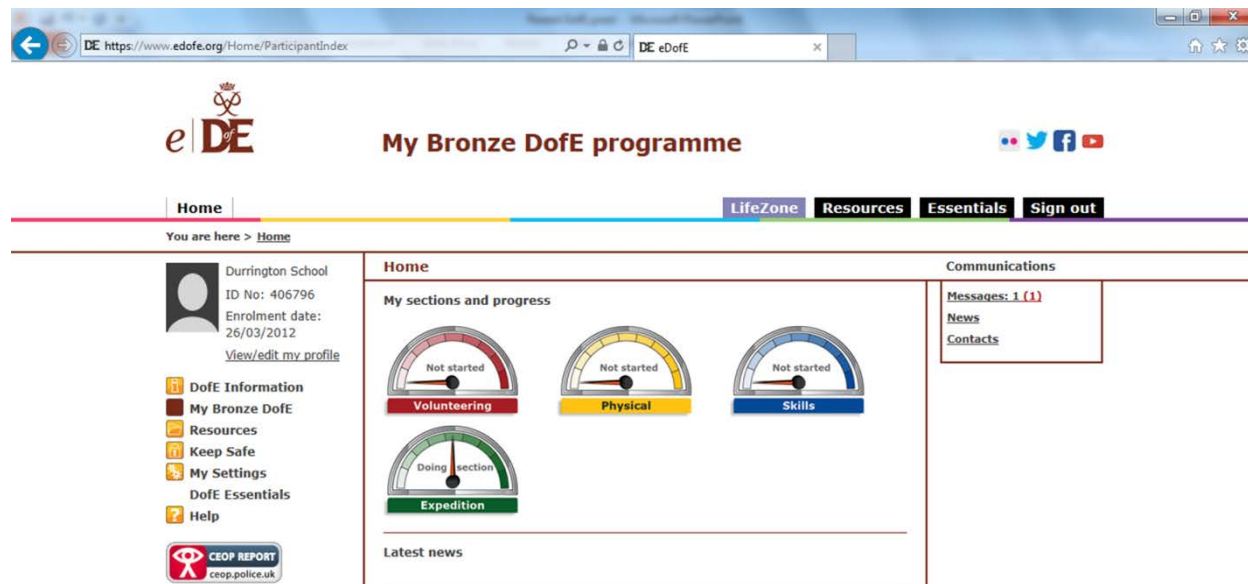
**Coaching,
leadership
and teaching**

**Helping
people**

**DHS can offer some roles (usually in Yr10) or help with referrals to
charities**

Keeping track of what you have done

eDofE is the online way that you can upload pictures/video's/ blogs which assessors can then acknowledge if they are part of eDofE or get them to sign the 'Keeping track booklet' and then scan in the pages. This method enables you to create a portfolio of your experience while doing DofE.



The screenshot shows a web browser window with the URL <https://www.edofe.org/Home/ParticipantIndex>. The page title is "My Bronze DofE programme". The user is logged in as "Durrington School" with ID No: 406796 and an enrolment date of 26/03/2012. The user's profile is shown with a "View/edit my profile" link. The main navigation menu includes "Home", "LifeZone", "Resources", "Essentials", and "Sign out". The "Home" section displays "My sections and progress" with four progress indicators: "Volunteering" (Not started), "Physical" (Not started), "Skills" (Not started), and "Expedition" (Doing section). The "Expedition" indicator shows a needle pointing to the "Doing section" on a green scale. The "Latest news" section is empty. The "Communications" section shows "Messages: 1 (1)" and links for "News" and "Contacts". A "CEOP REPORT" button is visible at the bottom left.

You will receive your eDofE ID once you have registered.

Expedition – Assessment Day

During the ‘Assessment Day’ students will work in their teams to apply the skills they have learnt in the training sessions:-

- Teams will be participate in to two groups:-
 - One group will complete their hike on the Friday afternoon
 - One group will complete their hikes on the Saturday morning
 - All will camp Friday overnight
- Complete a 10 km hike carrying all required equipment (approx 12kg)
 - Each team navigates and walks a route they have planned
 - Observed by one of our helpers
- Complete an overnight camp
 - Demonstrate camping skills
 - Cook evening meal they have planned

Following the Assessment Day each team will be placed in one of 2 streams

- Stream 1 will prepare for their Qualifier Expedition in mid May
- Stream 2 will undertake more training and then prepare for the Qualifier in early July



Expedition – Qualifier Weekend

During the ‘Qualifier Weekend’ students will work in their teams to demonstrate their hiking and camping skills. Qualified DofE assessors will work with the teams.

- Each team will meet their Assessor before the weekend
- Teams will be independent and self-sufficient for the weekend
 - Hike approx 12km unaccompanied each day - carrying everything they will need
 - Camp overnight (on a scout campsite)
 - Undertake an Aim (project) during their journey each day
- DHS leaders
 - Remotely supervise the daily hikes
 - Contactable by each team via an emergency phone
 - Stay on the same campsite

At the end of the Expedition weekend the Assessors complete an Expedition report and submit on to eDofE

Each team will present their Aim to DHS leaders two weeks later.

How can parents help?

Encourage your son / daughter to keep their eDofE accounts up-to-date

- Many students complete sections but don't update their accounts
 - We can only sign them off through eDofE
 - We spend a lot of time chasing...

We are always looking to strengthen our support team.

- If you have the skills / experience / interest / time
 - then please let Mr Briscoe know

Next steps

The first student meeting is Wednesday 21st Nov 15:15-16:30 in the Hall

We will then email out (using Parent-mail contacts)

- DofE Timetable
- Enrolment form
- Consent form (one form for all hikes/expeditions)

We will update the DofE page on the school website with the above documents.