



What's it all about ????



The Duke of Edinburgh award is an **internationally recognised** scheme with 3 levels

Bronze, Silver and **Gold**

The age range for participating in the award scheme is from 14yrs to 25 years old.

Many students start with Bronze and complete Gold at University

At DHS we run Bronze – starting in Year 9 through to Yr10



What can you get out of participating in the Duke of Edinburgh award?

It can help you build and develop:-

- confidence
- resilience
- determination
- new skills
- team working
- new friends

It will help you to get a college place / job



Our DHS team

- Mr Briscoe
- Mrs Chester
- Mr Davis (Geography)
- Ms Hannan
- Ms Heane
- Mr Suckling

We will be available after this presentation to answer your questions.

Or ask some of our Year 11 students who took part!

What do you have to do ?

Learn a new **Skill** or improve on an existing one



Volunteer to help others

Take part in **Physical recreation**



....and take part in two x 2 day (1 night) **Expeditions**, where you will test your map reading, hiking and camping skills.

You don't have to start all of these sections at the same time !

Duke of Edinburgh Award at DHS

Skills, Physical and Volunteering sections:- each will be undertaken for a minimum of 3 months....

.....and then you decide which one of the sections you will continue with for another 3 months , so one section will be for 6 months in total

For the **Expedition** section you **MUST** train for and pass a ***Practice*** weekend and then complete an assessed ***Qualifier*** weekend.

Training	Wednesday after school 15:15-16:30
Day Hikes	Mon 12 th Feb (half term) & Thurs 29 th Mar (after school)
Practice Expedition	Sat 5 th May - Sun 6 th May
Qualifier Expedition	Sat 7 th Jul - Sun 8 th Jul

If you cannot commit to Wednesday training and Expedition dates then do not enrol

Cost

There is a **£35** charge (to be paid by end February), which covers:-

- £21 DofE scheme registration
- £14 DHS cost for
 - Campsite fees (2 weekends)
 - Mini bus fuel
 - Camping gas

It **does not** cover your team food and snacks for the Expedition weekends

DHS may be able to help towards your costs depending on circumstances (contact Mr Briscoe)

Equipment

We provide tents, cookers, rucksacks, maps and compasses

You will need hiking boots, waterproofs and sleeping bag

The main cost will be.....**YOUR TIME**



PHYSICAL SECTION What can you do ?

For your physical activity you need to choose any sport, dance or fitness activity - in short, anything that requires a sustained level of energy and physical activity.

If you already take part in a sport, dance or fitness activity, you could use that activity, but you might want to start something new. *One hour per week for 12 weeks. Examples.....*

Fitness club

Weight lifting

Team sports

Water sports

Dance

Racquet sports

Martial arts

Extreme sports

DHS can offer Fitness Club or Weight Lifting – if sufficient interest

SKILLS SECTION....What can you do ?

The Skills section is all about developing practical skills and personal interests.

It should **not** be a physical activity, - but could be associated with one e.g. learning to coach or referee a sport. *One hour per week for 12 weeks. Examples.....*

Cookery

Creative arts

Photography

Media

Life skills

Musical instrument

Coach / Referee

Care of animals

Performing arts

DHS can offer Cookery or Photography – if sufficient interest

VOLUNTEERING SECTION... What can you do ?

Volunteering is all about making a difference to other people's lives.

Volunteering is simple. It's about choosing to give time to help people, the community or society, the environment or animals. It cannot be done for a business but can be undertaken for a charity or not-for-profit organisation - do something useful without getting paid.

One hour per week for 12 weeks. Examples.....

**Working with
animals**

**Helping a charity
or youth
organisation**

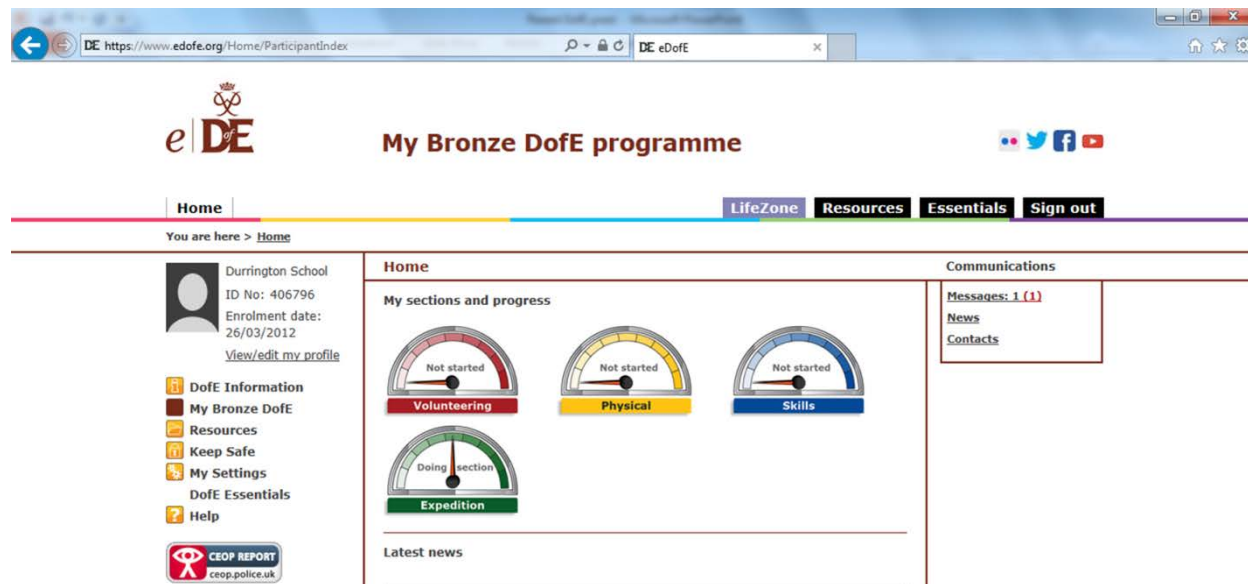
**Coaching,
leadership
and teaching**

**Helping
people**

DHS can offer some roles(in Yr10) or help with referrals to charities

Keeping track of what you have done

eDofE is the online way that you can upload pictures/video's/ blogs which assessors can then acknowledge if they are part of eDofE or get them to sign the 'Keeping track booklet' and then scan in the pages. This method enables you to create a portfolio of your experience while doing DofE.



The screenshot shows a web browser window displaying the eDofE website. The address bar shows the URL <https://www.edofe.org/Home/ParticipantIndex>. The page title is "My Bronze DofE programme". The navigation menu includes "Home", "LifeZone", "Resources", "Essentials", and "Sign out". The user is currently on the "Home" page, as indicated by the breadcrumb "You are here > Home".

The user's profile information is displayed on the left side of the page:

- Durrington School
- ID No: 406796
- Enrolment date: 26/03/2012
- [View/edit my profile](#)

The "My sections and progress" section shows four progress indicators:

- Volunteering**: Not started
- Physical**: Not started
- Skills**: Not started
- Expedition**: Doing section

The "Communications" section on the right shows:

- Messages: 1 (1)
- News
- Contacts

The "Latest news" section is currently empty.

You will receive your eDofE ID once you have registered.

Who can apply ?

Any student in Year 9 but we want students who will :-

- **Commit** to completing **all** aspects of the Duke of Edinburgh scheme.
- **Work** both individually and as a team to overcome challenges encountered
- **Be honest, trustworthy and reliable** representing our school and the Duke of Edinburgh scheme in a sensible and responsible way at all times
- **Behave** – school rules and expectations apply

We are limited to 42 students for the Expedition weekends
...but will start the training with more than this

Next steps

The first student meeting is this Wednesday 15:15-16:30 in U04L

We will email out during next week (using Parent-mail contacts)

- DofE Timetable
- Enrolment form
- Consent form (one form for all hikes/expeditions)

We will update the DofE page on the school website with the above documents.